

Rok

restaurant

Bracelet Bay, Mumbles

Thursday & Friday lunch

2 course £26 | 3 course £32

snacks

- Milk bun, sea salt, Calon Wen butter (v) £5
- Gordal olives (v) £5
- Tempura cockles, yuzu & lavabread dip £6
- Pant-ys-gawn goats cheese, crispy Carmarthen ham £6

starters

- Corn beef bon bons, gruyere, reuben dressing
- Korean fried chicken, kimchi, gochujang
- Monkfish scampi, curry sauce, pickled red onion
- New season beetroot, whipped almond (vg)

mains

- Chicken supreme, glazed cabbage wedge, garlic honey sauce, chips
- Pan fried hake fillet, pickled fennel, welsh butter mashed potato & warm tartare sauce
- Rok burger, applewood cheese, smoked bacon jam, crispy onions, chips
- Celeriac steak, wild mushrooms, chimchurri, chips (vg)

desserts

- Caramelised white chocolate panna cotta, British strawberries
- Sticky toffee pudding, ice cream (v)
- Chocolate cremeux, miso caramel, crème fraîche
- Lemon tart, raspberries (vg)

sides

- Rok chips (v) £5
- Rok chips, black garlic & parmesan £6.5
- Braised red cabbage, caraway(v) £5
- Roasted root veg, warm honey (v) £6
- Welsh butter mashed potato (v) £5

@rok_mumbles ☎ 01792 712210

(v) Vegetarian (ve) Vegan (voa) Vegan option available - Most of our recipes can be tailored to cater for any specific dietary requirement so please ask your server. Please let us know if you have any allergies so we can provide further guidance.

In line with most other restaurants, we have added a 12.5% discretionary service charge to your bill which is shared exclusively with our amazing front of house & kitchen team. This can be removed at your request.